

My name is (INSERT NAME), and I'm a registered nurse with North Texas Respecting Choices. I work with Dr. _____ helping patients who are advancing in age or facing chronic progressive and often serious illnesses. I help patients with advance care planning -- we talk about your values and healthcare goals.

During our meeting, I facilitate discussions between you and the person you have chosen to make decisions for you (in the event you are unable to speak for yourself). This conversation is called MOST, which stands for Medical Order for Scope of Treatment.

What is the MOST conversation?

- ✓ MOST is led by me, a facilitator, specially trained to help with these conversations.
- ✓ The conversation includes you, your Medical Power of Attorney, and any loved ones you would like to invite.
- ✓ Your doctor completes the process with a review and signature.
- ✓ The MOST is more detailed and complements the Medical Power of Attorney, and Advance Directive/Living Will.
- ✓ The MOST gives your doctors the best opportunity to know and follow your healthcare wishes.

Enclosed is the MOST trifold with more information about MOST and the Making Choices Advance Care Planning Guide. This guide helps patients explore thoughts about planning in advance for future healthcare choices.

I will be calling the next few days to set a time to meet -- either in your home or at our offices. If you prefer, you may call me at XXX-XXX-XXXX.

I am looking forward to meeting you,

(INSERT NAME)

~Please visit our website at www.northtexasrespectingchoices.com

See informative, helpful videos under 'Patient Resources'~