

## **Sample Script for “warm” introduction to MOST conversations**

Some concerns patients and families have when they are seriously ill are:

- wanting to make sure they are not a burden to their families,
- managing pain
- having their affairs in order.

Discussing these concerns and your goals for care is very important so we can honor your wishes.

We have (Nurses/Social Workers) who work with us as Advance Care Planning facilitators who are very skilled at these conversations. Their job is to help you and your loved ones explore values, goals for care and discuss any fears you may have about your condition. Facilitators talk about types of decisions regarding patient care. These choices are recorded on a MOST form, (Medical Orders for Scope of Treatment), and forwarded to your doctor to review with you. This form becomes a communication tool that tells everyone providing care for you what choices you have made for your treatment.

This type of conversation and planning is what we think is part of providing the very best care. If something happens where you are not able to communicate, your loved ones will know your wishes -- and so will we.

We want you to live as well as possible even while you may face challenges to your health. I'd like you and your family to meet with our facilitator and get more of your questions answered and have the opportunity to get your choices for care documented.

She will contact you or you may reach her at (phone).